

Landesmeisterschaft Kreuzheben 30.06.2012 beim KSV Essen 1888

Gruppe 1 ohne Ausrüstung

Frauen

Aktive	Name	Vorname	Verein	KG	Klasse	Wilks	1.Ver	2.Ver	3.Ver	BV	Relativ
1	Pieper	Verena	SV 14/19 Westerholt e.V.	65,3	-72	1,0455	95,0	105,0	115,0	115,0	120,233

Männer

Juniores	Name	Vorname	Verein	KG	Klasse	Wilks	1.Ver	2.Ver	3.Ver	BV	Relativ
1	Fakiroglu	Onur	KSV-Lippe-Bad-Salzuflen	73,3	-74	0,7242	100,0	115,0	130,0	130,0	94,146

Aktive

1	Frütel	Thomas	KSV Bochum	90,7	-93	0,6359	220,0	230,0	235u	230,0	146,257
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1	Glänzer	Oliver	SV 14/19 Westerholt e.V.	99,2	-105	0,6106	230,0	250,0	260,0	260,0	158,756
2	Kraft	Johannes	AC G. Mengede	96,4	-105	0,6180	210,0	220,0	225,0	225,0	139,050

1	Große	Matthias	KSV Krefeld	109,2	-120	0,5898	240,0	250,0	Verz.	250,0	147,450
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AK 1

1	Dilbat	Rolf	Powerlifting Duisburg	100,3	-105	0,6079	215,0	230,0	240,0	240,0	145,896
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1	Haug	Georg	Powerlifting Duisburg	129,3	+120	0,5661	200u	200,0	222,5	222,5	125,957
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AK 2

1	Ippers	Holger	Vfl Duisburg Süd	72,5	-74	0,7300	135,0	140,0	145,0	145,0	105,850
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AK 4

1	Metz	Josef	Powerlifting Duisburg	86,6	-93	0,6515	140,0	155,0	170u	155,0	100,983
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Landesmeisterschaft Kreuzheben 30.06.2012 beim KSV Essen 1888

Gruppe 2 mit Ausrüstung

Frauen

AK1	Name	Vorname	Verein	KG	Klasse	Wilks	1.Ver	2.Ver	3.Ver	BV	Relativ
1	Kunkel	Iris	AC Siegen	63,0	-63	1,0740	125,0	130,0	135,0	135,0	144,990

Männer

A-Jgd.	Name	Vorname	Verein	KG	Klasse	Wilks	1.Ver	2.Ver	3.Ver	BV	Relativ
1	Jäger	Kevin	Powerlifting Duisburg	105,6	-120	0,5964	200,0	215,0	225,0	225,0	134,190

Junioren

1	Fleissner	Malte	AC Siegen	109,3	-120	0,5897	260,0	302,5	310u	302,5	178,384
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Aktive

1	Boiar	Thomas	KSO Silberrücken	81,4	-83	0,6754	250,0	260,0	272,5	272,5	184,047
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1	Lorenz	Nikolai	SV 14/19 Westerholt e.V.	84,2	-93	0,6619	205,0	215,0	220u	215,0	142,309
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1	Bagheri-Klangarani	Mohammad	KSV Eiserfeld e.V.	104,9	-105	0,5978	265,0	280u	280,0	280,0	167,384
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1	Elzer	Anton	SV 14/19 Westerholt e.V.	117,9	-120	0,5774	260,0	270,0	280,0	280,0	161,672
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2	Krüger	Gerit	KSV Krefeld	108,4	-120	0,5912	220,0	235u	235u	220,0	130,064
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1	van den Berg	Thorsten	KSV Essen 1888 e.V.	109,5	-120	0,5893	240u	250,0	270u	250,0	147,325
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1	Brixa	Andreas	KSV Krefeld	128,5	+120	0,5668	280,0	300,0	310,0	310,0	175,708
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AK1

1	Binger	Frank	SV 14/19 Westerholt e.V.	64,6	-66	0,7993	190,0	200,0	205,0	205,0	163,857
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1	Brandl	Olaf	AC Siegen	92,3	-93	0,6305	240,0	250u	250u	240,0	151,320
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1	Heinzen	Marcus	KSV Bochum	116,7	-120	0,5788	280,0	300,0	310,0	310,0	179,428
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AK2

1	Kapplinghaus	Stefan	Powerlifting Duisburg	98,4	-105	0,6126	180,0	190,0	Verz.	190,0	116,394
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1	Jungmann	Frank	SV 14/19 Westerholt e.V.	115,4	-120	0,5805	200,0	220,0	235,0	235,0	136,418
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AK3

1	Maier	Rudi	Powerlifting Duisburg	82,4	-83	0,6704	170,0	180,0	185,0	185,0	124,024
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