

## Westfalenmeisterschaft Bankdrücken , 21.05.2005 in Witten

### Bankdrücken

	<u>Frauen Aktive -60KG</u>		KG	1.	2.	3.
1	Viragos, Sindy	AC Siegen	57.1	42.5	47.5	-50.0
	<u>Frauen Ak1 -67,5KG</u>					
1	Kunkel, Iris	AC Siegen	65.7	105.0	110.0	-117.5
	<u>Jugend -67,5KG</u>					
1	Shmatkov, Ilja	KSV Bochum	65.2	65.0	70.0	75.0
2	Niemann, Michele	KSV Fitnesskreis	61.5	65.0	70.0	-72.5
	<u>Jugend -75KG</u>					
1	Hunker, Artur	VFB Hüls	69.7	82.5	87.5	92.5
2	Tachaeu, Artjom	KSV Bochum	67.9	75.0	80.0	-85.0
3	Belgibaev, Roman	KSV Bochum	68.9	65.0	70.0	-75.0
	<u>Jugend -82,5KG</u>					
1	Kudrjaschow, Igor	KSV Lippe	75.5	105.0	115.0	120.0
2	Jochum, Peter Jan	VFB Hüls	80.4	107.5	112.5	117.5
3	Popov, Wjatscheslaw	KSV Lippe	80.0	70.0	80.0	90.0
	<u>Jugend -90KG</u>					
1	Magdeew, Timur	VFB Hüls	83.9	97.5	102.5	-105.0
2	Kolodziej, Sebastian	AC Bochum	85.5	90.0	95.0	-100.0
3	Frid, Denis	KSV Bochum	88.3	75.0	82.5	87.5
	<u>AK1 -75KG</u>					
1	Landeck, Klaus	VFB Hüls	67.7	150.0	155.0	160.0
2	Martin, Gregory	KSV Bochum	74.3	127.5	132.5	-137.5
	<u>AK 1 -82,5KG</u>					
1	Friese, Mike	Strong Body				
	<u>AK1 -90KG</u>					
1	Winklareth, Michael	AC Mengede	89.5	185.0	195.0	200.0
2	Seketa, Peter	KSV Bochum	89.9	140.0	147.5	155.0
	<u>AK1 -100KG</u>					
1	Martin, Christoph	KSV Fitnesskreis	92.4	190.0	200.0	-202.5
2	Weber, Mario	KSV Fitnesskreis	98.4	195.0	200.0	-202.5
3	Stickelmayer, Siegmar	AC Siegen	99.9	150.0	157.5	165.0
	<u>AK 1 -110KG</u>					
1	Rieck, Thomas	AC Siegen	105.6	175.0	182.5	187.5
2	Hermann, Andrej	KSV Lippe	106.6	-165.0	165.0	185.0
3				165.0		
	<u>AK1 -125KG</u>					
1	Schmich, Jan	SV Westerholt	110.9	185.0	200.0	205.0
	<u>AK2 -82,5KG</u>					
1	Calsen, Werner	Strong Body	77.8	-145.0	145.0	150.0
	<u>AK2 -110KG</u>					
1	Englert, Hubert	TV Jahn Siegen	109.4	-142.5	142.5	147.5
	<u>AK2 -125KG</u>					
1	Homrich, Klaus	TV Jahn Siegen	115.9	165.0	170.0	-
	<u>AK2 +125KG</u>					
1	Hecht, Artur	KSV Bochum	147.7	170.0	180.0	190.0
	<u>AK3 -82,5KG</u>					
1	Schlenstedt, Ulrich	AC Mengede	79.7	90.0	100.0	105.0
	<u>AK3 -90KG</u>					
1	Lammert, Erich	AC Mengede	89.4	110.0	-117.5	-120.0
	<u>AK3 -100KG</u>					
1	Wittkowski, Günter	VFB Hüls	93.2	165.0	175.0	177.5
2	Skrzypkowiak, Klaus	Strong Body				

	<b><u>AK3 -110KG</u></b>					
1	Zielinski, Wilfried	VFB Hüls	100.3	130.0	135.0	-140.0
2	Ritzow, Norbert	AC Mengede	102.6	-125.0	130.0	132.5
	<b><u>AK3 -125KG</u></b>					
1	Arning, Peter	VFB Hüls	125.0	115.0	125.0	-130.0
	<b><u>AK4 +125KG</u></b>					
1	Drews, Reiner	AC Mengede	130.8	110.0	120.0	125.0
	<b><u>Junior -60KG</u></b>					
1	Seele, Björn	VFB Hüls	59.7	115.0	120.0	122.5
2	Moser, Wladislaw	KSV Lippe	59.5	-65.0	65.0	75.0
	<b><u>Junior -75KG</u></b>					
1	Kücük, Ömer	AC Siegen	71.3	110.0	-117.5	-117.5
2	Botor, Rafael	AC Bochum	69.5	-105.0	-105.0	105.0
3	Mertz, Arthur	KSV Lippe	70.8	75.0	-85.0	90.0
4	Cankurt, Selman	KSV Lippe	72.1	80.0	90.0	-100.0
5	Schönberg, Christian	KSV Lippe	71.9	70.0	80.0	85.0
6	Rosenke, Walter	KSV Lippe	68.4	75.0	-80.0	-85.0
	<b><u>Junior -82.5KG</u></b>					
1	Sonov, Sergej	VFB Hüls	79.0	130.0	-135.0	135.0
2	Elser, Ingo	KSV Lippe	80.6	105.0	120.0	125.0
3	Lehmkuhl, Yves	VFB Hüls	77.4	105.0	110.0	120.0
4	Nozinski, Matthäus	AC Bochum	76.3	90.0	95.0	-100.0
	<b><u>Junior -90KG</u></b>					
1	Lenzhölzer, Maik	AC Siegen	83.4	145.0	150.0	-157.5
2	Sinagin, Vladimir	KSV Lippe	85.8	130.0	-140.0	-140.0
3	Schmidt, Konstantin	KSV Lippe	88.3	120.0	130.0	-135.0
4	Botor, Martin	AC Bochum	82.7	-125.0	125.0	-127.5
5	Wacker, Andreas	VFB Hüls	89.1	115.0	122.5	125.0
6	Herber, Andrej	KSV Lippe	83.1	100.0	-115.0	-115.0
7	Parlakoglou, Christos	KSV Fitnesskreis				
8	Nozinski, Matthäus	AC Bochum				
9	Elser, Ingo	KSV Lippe				
	<b><u>Junior -100KG</u></b>					
1	Hennig, Daniel	AC Siegen	97.4	135.0	142.5	-150.0
2	Berkovskyy, Michael	Strong Body	98.4	130.0	-140.0	-140.0
	<b><u>Junior -110KG</u></b>					
1	Becker, Dimitri	AC Siegen	102.8	140.0	150.0	160.0
	<b><u>Aktive -75KG</u></b>					
1	Salewsky, Christian	KSV Fitnesskreis	74.8	140.0	145.0	-147.5
2	Heinrich, Heiko	AC Siegen	71.6	112.5	117.5	120.0
3	Schmidt, Eugen	KSV Lippe	72.5	110.0	120.0	-125.0
	<b><u>Aktive -82.5KG</u></b>					
1	Wysk, Dennis	KSV Bochum	81.1	185.0	190.0	-
2	Tepper, Eduard	KSV Lippe	80.5	160.0	170.0	180.0
3	Hoppe, Olaf	AC Soest	80.9	142.5	150.0	157.5
4	Szumski, Thomas	Strong Body	80.6	120.0	127.5	-130.0
5	Kilian, Andre	KSV Fitnesskreis	80.8	125.0	-130.0	-130.0
	<b><u>Aktive -90KG</u></b>					
1	Mezker, Vitalij	AC Siegen	89.8	175.0	-182.5	182.5
2	Vogel, Valerij	AC Siegen	88.4	172.5	-180.0	180.0
3	Jasinski, Daniel	KSV Fitnesskreis	89.5	165.0	170.0	172.5
4	Mohamadat, Omar	AC Lünen	89.3	162.5	-167.5	-172.5
5	Özbay, Ömer	AC Siegen	86.7	150.0	160.0	-172.5
6	Schaffrath, Holger	Strong Body	87.9	145.0	-155.0	-155.0

7	Bouziouris, Ilias	KSV Fitnesskreis	87.3	130.0	132.5	-135.0
8	Luque, Ramirez	AC Bochum	88.1	-135.0	-135.0	-150.0
	<b><u>Aktive -100KG</u></b>					
1	Freiberg, Waldemar	KSV Bochum	96.8	220.0	230.0	-235.0
2	Ilse, Björn	Strong Body	94.8	195.0	-200.0	200.0
3	Tourovets, Alexandre	KSV Fitnesskreis	99.8	190.0	200.0	-202.5
4	Schneider, Andreas	AC Siegen	94.0	182.5	-	-
5						
6						
	<b><u>Aktive -110KG</u></b>					
1	Krause, Guido	AC Mengede	105.0	212.5	222.5	230.0
2	Herrmann, Wolfgang	KSV Bochum	100.5	117.5	-122.5	-125.0
3	Gahl-Werner, Andreas	Strong Body	109.4	-190.0	-190.0	-195.0
	<b><u>Aktive -125KG</u></b>					
1	Ostrovskij, Ruslan	SV Westerholt	117.6	190.0	195.0	202.5
2	Constantin, Thomas	KSV Fitnesskreis	119.7	207.5		
2	Yakovlev, Anton	SV Westerholt	115.4	182.5	192.5	200.0
3	Harand, Marc	AC Siegen	110.7	140.0	147.5	-150.0
	<b><u>Aktive +125KG</u></b>					
1	Schmitz, Sascha	AC Siegen	188.1	220.0	230.0	-235.0
2	Göfert, Sven	SV Westerholt	135.6	190.0	-200.0	200.0
3	Süberkrüb, Franz	SV Westerholt	169.8	-240.0	-250.0	-260.0