

Niederrheinmeisterschaft Bankdrücken 21.05.2005

NR	Name, Vorname	Verein	KG	Bankdrücken		
				1.	2.	3.
	<u>Jugend -75KG</u>					
1	Janssen, Stephan	ASV Pfalzdorf	73.1	75.0	80.0	82.5
	<u>Junior -75KG</u>					
1	Krosse, Thorsten	ASV Pfalzdorf	73.7	110.0	115.0	117.5
	<u>Junior -82,5KG</u>					
1	Wenzel, Daniel	ASV Pfalzdorf	80.7	115.0	-120.0	120.0
	<u>Aktive - 90KG</u>					
1	Smolcsyk, Jan	Powerlifting Duisburg	87.6	150.0	162.5	170.0
	<u>Aktive -100KG</u>					
1	Maier, Rudolf	Powerlifting Duisburg	98.4	180.0	-190.0	-190.0
2	Gobec, Daniel	Powerlifting Duisburg	96.4	-172.5	172.5	177.5
3	Tampakos, Chrysovalantis	AC Köln	96.5	140.0	-145.0	-145.0
	<u>AK1 - 110KG</u>					
1	Romahn, Steffen	AC Köln	106.9	170.0	175.0	180.0
	<u>AK1 -125KG</u>					
1	Dörfert, Uwe	Powerlifting Duisburg	114.1	185.0	202.5	-
	<u>AK2 -82,5KG</u>					
1	Pfenniger, Paul	Powerlifting Duisburg	82.5	180.0	185.0	190.0
	<u>AK2 -90KG</u>					
1	Maier, Rudi	Powerlifting Duisburg	82.9	-155.0	155.0	-165.0
	<u>AK2 -100KG</u>					
1	Sinowczik, Peter	Powerlifting Duisburg	98.1	150.0	155.0	160.0
	<u>AK2 - 125KG</u>					
1	Kurda, Walter	AC Köln	115.0	172.5	177.5	-